

Coffee and tea in church after Mass. Please stay if you are able.

This Week: Divine office - Psalter Week 1

Mon: 9.30am Mass (Lev 19 v 1-2, 11-18; Matt 25 v 31-46)  
Int: St. Martin's Housing Trust, Norwich

Tues: 10.30am Mass (Is 55 v 10-11; Matt 6 v 7-15)  
Int: A greater love of Scripture.  
11.00-13.00 Coffee, Tea, Cake in church.

Wed: 9.30am Mass (Jonah 3 v 1-10; Luke 11 v 29-32)  
Int: Walsingham

Thurs: **SEE OF ST. PETER. (Feast)**  
9.30am Mass (1 Peter 5 v 1-4; Matt 16 v 13-19)  
Int; Christian Unity.

Fri: St. Polycarp  
9.30am Mass (Ezekiel 18 v 21-28; Matt 5 v 20-26)  
Int: A true spirit of forgiveness

Sat 10.00am 1st Mass of Sunday. (Readings as on Sunday)  
Int: Persecuted Christians

Next Sunday : LENT II

9.30am Parish Mass & Address.  
(Gen.22 v.1-2; 9-13;15-18. Romans 8 v.31-34. Mark 9 v.2-10)  
Int: Parish and Congregation

1. During Lent we join the Diocesan Lenten Appeal for Kagera. Donations to be blessed at the Mass of the Last Supper on Maundy Thursday (28<sup>th</sup> March). Please use your own jars or boxes.
2. Monday (19<sup>th</sup> February) 7.00pm Heritage Fair meeting (P.C.C., Friends of St Mary's committee, Armoury facelift core group) at the Old Schoolroom.
3. Friends of St. Mary's A.G.M. is next Sunday 25<sup>th</sup> Feb. at 11.00am
4. Next Sunday we shall also start taking orders for Eastertide Candles for the dead.
5. The Vestry Meeting for (re)/election of Churchwardens will be 3<sup>rd</sup> March
6. Next Healing Service Monday 4<sup>th</sup> March at 2.30pm
7. List is on table for watch in Gethsemane on Maundy Thursday 28<sup>th</sup> March.
8. The Easter Egg Draw for Friends of St Mary's is 31<sup>st</sup> of March-Easter Day-after Mass. Any donations of chocolate eggs, please, to Hazel.

(Please keep silence from 9.25 to prepare for Mass)

18<sup>th</sup> February 2024

**PARISH CHURCH OF ST. MARY THE VIRGIN, MENDLESHAM**

**Lent 1 (B)**

**THEME** :Today we hear how Jesus began his ministry. He was tempted in the desert for forty days of solitude, fasting and praying and returned to proclaim the powerful message of God – repent and believe the Good News. St. Peter explains how, by baptism, we join our lives to Christ and are saved, just as Noah and his family were saved by water long ago.

**Entrance Hymn : 165 v. 1 & 2**

**PENITENTIAL RITE**

Celebrant : Forgive us, Lord, when we so often compromise with evil.

Lord have mercy. **People:(sing) KYRIE ELEISON (Ukrainian setting)**

Celebrant : Forgive us, Lord, because we so often use dubious means to achieve our good intentions. Christ have mercy. People : **CHRISTE ELEISON**

Celebrant : Forgive us, Lord, for the times when our trust in you fails.

Lord have mercy. People : **KYRIE ELEISON**

Celebrant proclaims God's forgiveness

*No Gloria during Lent.*

**OPENING PRAYER** : *Let us pray that this Lent will help us reproduce in our lives the self-sacrificing love of Christ. Father, through our observance of Lent help us to understand the meaning of your Son's death and resurrection and teach us to reflect it in our lives. Amen*

**LITURGY OF THE WORD OF GOD**

**First Reading – Genesis 9 v 8-15.** God's covenant with Noah was not solely with Noah and his sons. It was a promise of the continuance of life and a sign of God's eternal fidelity to his people.

**God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'**

**God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'**

**Responsorial Psalm - Psalm 24**

® **Your ways, Lord are faithfulness and love for those who keep your covenant.**

Lord, make me know your ways; Lord, teach me your paths.

Make me walk in your truth and teach me, for you are God my Saviour. ®

Remember your mercy, Lord and the love you have shown from of old.  
In your love remember me because of your goodness, O Lord. ®

The Lord is good and upright, he shows the path to those who stray  
he guides the humble in the right path; he teaches his way to the poor ®

Second Reading – 1 Peter 3 v 18-22. Under the old covenant, water cleansed the earth by destroying man. Noah is saved from water. In the New Covenant water saves man by cleansing him in Baptism. Those in the new ark, the Church, who believe and are saved by the waters of Baptism are identified with Christ's death and resurrection.

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

**Gospel Hymn: 165 v.3**

**Acclamation ( all ) Praise to you O Christ, King of Eternal Glory!  
Man does not live by bread alone but on every word that comes from the mouth of God. Praise to you O Christ, King of Eternal Glory!**

Gospel - Mark 1 v 12-15. Jesus does battle with the elements of the desert and comes back from his trials to preach the Gospel.

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

**Address Creed - Apostle's Creed** (p8 of hymn book)

**PRAYER OF THE FAITHFUL**

Celebrant : Let us pray that the words of the scriptures we have listened to may help to bring us all to repentance and renewal.

Reader: Let us pray for our neighbours here and for all who live in the same street or area as we do and for all those with whom we work; that we may live out the pattern of Christ's loving in a practical way.

Let us pray that we may be strengthened by God against temptation and that we may use the opportunity in Lent daily to commit ourselves to serve Christ more wholeheartedly in all we think or do.

Let us pray for all Christians whose faith is being tested by hardship, spiritual dryness or any other outside pressures; that we may hold fast to Christ and emerge stronger in the knowledge of and with the help of his loyal, sustaining love.

Let us pray for the leaders of our country – may they proclaim true Christian standards and values so that the people are encouraged in the practice of their faith.

Let us pray for all who are struggling with temptations; that the grace of Christ may help us all to overcome them.

Let us pray for all suffering in conflicts throughout the world, especially in Ukraine, Russia, Gaza and Israel, that their leaders may strive for peace instead of worldly power and those who are innocent may be protected.

Let us pray for those who are sick, especially HM King Charles, Taylor Birch, Mike Galloway, Jim Wilson, Angie Wilson, Jean Martin, Jan Ross, Jessica Mercer, Billy Carter, Margaret Maundrell and all prayed for at Shrine prayers.

We pray for all our deceased relatives and friends and for all whom we have been asked to pray; that the Lord would bring them to his kingdom in heaven. We pray for Lois Pitcher, recently departed (*pause while a candle is lit*) and Pam Thorpe, John Juby, Frank Smith, Anand Nair, Joyce Jackaman, Fr. Gordon Wright, Ruby Stevenson, Doris Elliott, Mandy Parker, Thomas Probert and Don Handscombe, whose anniversaries of death occur at this time.

Let us ask Mary to help us listen to her Son: **Hail Mary full of grace the Lord is with thee, blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.**

SILENCE

**All: Father, you have given your people a second birth in Baptism. Bring to birth in each of us the love we would like to have for each other. We make our prayer through Christ our Lord. Amen.**

*Mass continues on page 8 of hymn book*

Offertory Hymn : **80 v. 1 - 2** Offertory Prayers : **80 v. 3 to end**

Sanctus & Mystery of faith: John Allen Lent setting

**Blessed and Praised be Jesus Christ, in the most Holy Sacrament. Hosanna, Hosanna, Hosanna in Excelsis.**

Agnus Dei: John Allen Lent setting

*Communicants of other denominations are welcome to receive Holy Communion. If you are not a Communicant and/or would like a blessing, please carry a hymn book to the altar rail.*

Hymn at Holy Communion. Please join in : **84, 179**

Hymn at Ablutions: **294**

Post Communion Prayer

Angelus

Notices

Blessing

Recessional Hymn : **300**