

Coffee and tea in church after Mass, please stay if you are able.
PCC Meeting – 11:30 in church with lunch

4th February 2024

PARISH CHURCH OF ST. MARY THE VIRGIN, MENDLESHAM
Sexagesima - 5th of Year B

This week: Divine Office ~ Psalter week 1

Mon: St. Agatha

1.30pm Exposition of Blessed Sacrament for Silent Prayer.
2.30pm Mass, laying on of hands & anointing for healing
(1 Kings 8 v.1-7,9-13; Mark 6 v.53-56)

Tues: St. Paul Miki

10:30 am Mass (Requiem for Ray Mayes.) (Gen.1v.27-31. Matt.11v.28-30)
11.00 – 1.00pm Soup, tea, coffee, cake etc in church
2.30pm Funeral Service for Ray Mayes
followed by burial in the churchyard extension.

Wed: 9:30am Mass. (1 Kings 10 v.1-10; Mark 7 v.14-23)

Thurs: 9:30am Requiem Mass- Feb Anniversaries.(Eccles.3v.1-8.11. Matt.13v.4-9)
11.00am D.A.C. visit to church

Fri: 9.30am Mass

Sat: St. Scholastica

10.00am 1st Mass of Sunday. (Readings as on Sunday)
4.00pm Sacrament of Reconciliation.

Next Sunday - QUINQUAGESIMA - 6th of Year B

9.30am Parish Mass & Address
(Lev 13 v1-2, 44-46; 1 Cor.10 v31-11 v.1; Mark 1 v 40-45)

NOTICES:

1. Please support Monday's healing service
2. Lent begins on Ash Wednesday. 14th February. We will be supporting the Diocese of Kagera. No Lent boxes but suggestions will be made on the bulletin.
3. Electoral Roll Revision concludes next Sunday
4. Please bring Palm Crosses to church for Ashing Ceremony as Lent begins on 14th February . Masses at 9.30am and 6.30pm

Theme: Wherever Jesus encountered suffering in His ministry, no matter how trivial, he brought relief. These were signs of His establishing the kingdom of God. We pray in this Eucharist for the healing presence of Christ.

Entrance Hymn: 286 v 1~4

PENITENTIAL RITE.

Celebrant: Forgive us Lord, for the times we fail to see suffering as a constructive means to love. Lord have mercy.

People: *(sing)* **KYRIE ELEISON** *(Ukrainian setting)*

Celebrant: Forgive us Lord, for the times we fail to allow your Holy Spirit to work in us. Christ have mercy.

People: **CHRISTE ELEISON**

Celebrant: Forgive us Lord, for our anxiety about involvement in the world, particularly amongst the sick. Lord have mercy.

People: **KYRIE ELEISON**

Celebrant proclaims God's Forgiveness

GLORIA: Sanctus setting. (Words on laminated card)

OPENING PRAYER: *Let us pray that God will watch over us and protect us.*

Father, watch over your family and keep us safe in your care, for all our hope is in you.

LITURGY OF THE WORD OF GOD:

1st Reading: Job 7 v 1~4, 6~7 Job mourns the loss of his family, possessions and future. He believes there is nothing left for him in life but drudgery and grief.

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.

RESPONSORIAL PSALM: Ps 146

® **Praise the Lord who heals the broken-hearted**

Alleluia! Praise the Lord for he is good;

sing to our God for he is loving: to him our praise is due. ®

The Lord builds up Jerusalem and brings back Israel's exiles,
he heals the broken-hearted, he binds up their wounds.

He fixes the number of the stars; He calls each one by its name. ®

Our Lord is great and almighty; his wisdom can never be measured.

The lord raises the lowly; he humbles the wicked to dust. ®

2nd Reading: 1 Corinthians 9 v 16-19, 22-23 St Paul reminds us that we have a duty to preach the Gospel. One of our main responsibilities as Christians is to evangelise.

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

Gospel Hymn: 286 v 5

Acclamation: Alleluia! Alleluia! I am the light of the world, says the Lord, anyone who follows me will have the light of life. Alleluia!

Gospel: Mark 1 v 29-39 Because of his mercy to those suffering, Jesus cures those in need of his healing power.

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

ADDRESS CREED: Nicene (P7 Hymn Book)

PRAYER OF THE FAITHFUL:

Celebrant: Jesus cured the sick and brought comfort and meaning into the lives of many. Let us pray for those who need his comfort now.

Reader: Let us pray for the Church, that she may faithfully preach the Good News to all people.

Let us pray for James and Eleanor, whose Banns are called today. May they always walk in the light of true love.

Let us pray for all in this congregation: that through all our sufferings we may learn to feel the sufferings of others and show them compassion.

Let us pray for all those who are immersed in activity, that we may realise that no work is more important than prayer, for without prayer, work will sap our energy and leave us spiritually empty.

Let us pray for those involved in the Church's ministry of healing, and especially priests, that they may have expectant faith that their work is God's work. We pray for the Guild of All Souls and for the Shrine of Our Lady of Walsingham.

We pray for doctors, nurses, healthcare workers, carers and all who work to alleviate suffering ~ especially those who work in our parish.

Let us pray for those who suffer without deserving and those who endure pain inflicted through no fault of their own. We especially pray for those suffering in conflicts in Ukraine, Gaza, Israel and the Yemen.

Let us pray for those shattered by grief, especially Jenny Mayes and family and all who have recently been bereaved.

We pray that through prayer, the laying on of hands and anointing the Lord's healing love may strengthen those who are sick, especially Jim Wilson, Jean Martin, Angie Wilson, Mike Galloway, Ralph Lambert, Jan Ross, William Burl, David Jones and all to be anointed at tomorrow's healing service.

Let us pray for our departed loved ones and all who have died. We pray especially for Stephen Fisher, recently departed (pause while a candle is lit) and Richard Westenra-Hartley, Florence Hubbard, Raymond Westenra-Hartley, Vida Brown, Frederick Freeman, Eleanor Ball, Mabel Parker, George Hart, Geoffrey Fletcher, Eve Roshier, Robert Downie, Charles Old, Joan Agate, William Hodge, Mary Fletcher, Maurice Sheldrake and Evelyn White Finch, whose anniversaries of death occur at this time.

We seek the comfort of a mother's help as we say ~ **Hail Mary full of grace the Lord is with thee, blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen**

S I L E N C E

All: Hear our prayers, Lord. Comfort all those in sorrow, sickness or adversity, that by your blessing, and those who try to help them, they may find encouragement and peace. This we ask in the name of Jesus our Lord. Amen

Mass continues on page 8 of hymn book

Offertory Hymn: 497 v 1 **Offertory Prayers** Hymn 497 v 2-4

SANCTUS: Sanctus Setting Mystery of Faith – Sanctus setting

After Eucharistic Prayer - **Blessed & Praised be Jesus Christ, in the most Holy Sacrament. Hosanna! Hosanna! Hosanna in the highest.**

AGNUS DEI: Sanctus Setting

Communicants of other denominations are welcome to receive Holy Communion. If you are not a Communicant and/or would like a blessing, please carry a hymn book to the altar rail.

Hymns at Holy Communion please join in. 19 & 189

Hymn at Ablutions: 166

POST COMMUNION PRAYER **Angelus** (front of Hymn Book)

Notices

Blessing

Recessional Hymn: 110