Coffee in church after Mass. All welcome. Please stay.

This Week Divine office -Psalter Week 1

Mon: St. Paul Miki and Companions

1.30pm Exposition of Blessed Sacrament for Silent Prayer

2.30pm Mass, laying on of hands for healing Int: Sick and Healing Ministry

Genesis 1v.1-19. Mark 6v.53-56

Tues: 9.30am Mass Int: The Stewardship of Creation

Genesis 1v.20-2v.4. Mark 7v.1-13

Wed: 9:30am Mass Int: For repentance and reconciliation

Genesis 2v.4-9. Mark 7v.24-30

Thurs: 9.30am Mass Int: Ministry of Deliverance

Fri: St. Scholastica

9:30am Mass Int: All with speech impediments

Sat: Our Lady of Lourdes

10.00am 1st Mass of Sunday

Next Sunday: 6th of Year A SEXAGESIMA

9.30a.m. Parish Mass and Address Sunday

(Ecclesiasticus 15 v 15-20; 1 Cor.2 v 6-10; Matthew 5 v 17-37)

NOTICES

- 1. Please check Electoral Roll. Is your name on it?
- 2. Vestry Meeting 11.30am 26th February to elect Churchwardens. AGM of Friends of St Mary's
- 3. Please support our Healing Service tomorrow
- 4. Lent begins Ash Wednesday 22^{nd} February Masses 9.30am (said) and sung: 6.30pm

PARISH CHURCH OF ST. MARY THE VIRGIN, MENDLESHAM 5th of Year A - Septuagesima

THEME: Because we are other Christs by our baptism, we are lights of the world reflecting the great Light which is Christ Himself. In this Mass let us pray that we will overcome our sinfulness, that nothing obscures the light of Christ within us so that more and more people will give praise to our Father in heaven.

Entrance Hymn: 629 v. 1 - 3

PENETENTIAL RITE

Celebrant: Forgive us, Lord, when we have not allowed you to enlighten our lives.

Lord have mercy. People (sing) Kyrie Eleison (Ukrainian setting)

Celebrant: Forgive us for obscuring the light of Christ in ourselves byour sins.

Christ have mercy. People: Christe Eleison

Celebrant: Forgive us for not accepting your grace to shine in the darkness of the

world. Lord have mercy. **People: Kyrie Eleison**Celebrant proclaims God's forgiveness

GLORIA: Sanctus setting (on laminated card)

OPENING PRAYER: Let us pray that God will watch over us and protect us.

Father, watch over your family and keep us safe in your care, for all our hope is in you.

LITURGY OF THE WORD OF GOD

First Reading - Isaiah 58v.7-10

The prophet tells us how carrying out works of love can make our lights shine. Thus says the Lord: Share your bread with the hungry, and shelter the homeless poor, clothe the man you see to be naked and do not turn from your own kin. Then will your light shine like the dawn and your wound be quickly healed over. Your integrity will go before you and the glory of the Lord behind you. Cry, and the Lord will answer; call, and he will say, 'I am here.' If you do away with the yoke, the clenched fist, the wicked word, if you give your bread to the hungry, and relief to the oppressed, your light will rise in the darkness, and your shadows become like noon.

Responsorial Psalm: Psalm 111

® The good man is a light in the darkness for the upright.

He is a light in the darkness for the upright: he is generous merciful and just. The good man takes pity and lends, he conducts his affairs with honour. ®

The just man will never waver: he will be remembered for ever. He has no fear of evil news; with a firm heart he trusts in the Lord. ®

With a steadfast heart he will not fear; open-handed, he gives to the poor; His justice stands firm for ever. His head will be raised in glory. ®

Second Reading -Corinthians 2 v 1-5. Paul reminds the Christians at Corinth that when he preached to them it was not a show of oratory but to tell them about Jesus who was crucified. That must be the focus of their faith and ours. When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

Gospel Hymn: 629 v 4

Alleluia! Alleluia! I am the light of the world, says the Lord, anyone who follows me will have the light of life. Alleluia!

Gospel - Matthew 5v. 13-16 Matthew continues the Sermon on the Mount as Jesus tells his disciples that the light they are must be shared with everyone. Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

Address

HOLY BAPTISM: Mabel Elizabeth Mary Pooley-Smith PRAYER OF THE FAITHFUL:

Celebrant: Jesus came to bring light into the world. Through our prayers today, may this light touch the hearts of all people.

Reader: Let us pray that by following Jesus, His light may shine through us to others.

In our comfortable lives let us not forget the thousands of people who are lacking even the bare necessities. May we be ready to give generously to the poor at home and abroad. We pray especially for the Stowmarket Food Bank and. Christian Aid

Lord, help us to enlighten their lives of people we meet who are living in darkness – those who are depressed or suffering from mental or emotional disorders, or those who are blind or partially sighted;.

Christ lives in all people - sinners as well as saints- and whatever their wealth,

race or worldly status. Let us pray that we may recognize Christ in others and always treat them with His care and compassion.

Let us pray for all who are spiritually blind; for those who have no purpose in life; for those searching for something to believe in.

Let us pray that through laying on of hands, anointing and prayer the Lord's love may strengthen and heal the sick – we pray especially Jessica Mercer; Eric Bauly, Marjorie Rousseau, Ferdi Vincent and all to be anointed at our healing service on Monday.

Let us pray for Mabel Elizabeth Mary, whom we welcome into the Church today; for her parents William and Katherine and her godparents Edward, Emma and Peter. May they and all of us grow in faith and love and may the light of Jesus shine ever more brightly in us and through to others.

We pray for those who have died - that they may enjoy that light which lasts forever. We pray for George Hart, Geoffrey Fletcher, Eve Roshier, Robert Downie, Charles Old, Joan Agate, William Hodge, Mary Fletcher, Samuel Lever, Maurice Sheldrake, Evelyn Finch, Helen Flaherty, Fr John Roberts and Iris Ktichen, whose anniversaries of death occur at this time.

We pray with Mary, Mother of Jesus, and say - Hail Mary full of grace the Lord is with thee, blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary mother of God pray for us sinners now and at the hour of our death.

SILENCE

<u>All</u>: Heavenly Father, remove from our hearts all darkness and unworthy affections, so that we may see your Son Jesus in those whom we seek to serve. We make our prayer through Christ our Lord. Amen

Mass continues page 9 of the hymn book

Sanctus - Sanctus setting. Mystery of Faith - Sanctus setting

Blessed and Praised be Jesus Christ, in the most Holy sacrament Hosanna! Hosanna ! Hosanna in excelsis.

Mass continues on page 11 of the hymn book.

Agnus Dei - Sanctus setting.

Communicants of other denominations are welcome to receive Holy Communion. If you are not a Communicant and would like a blessing, please come to the altar holding a hymn book. Please bring children too.

Hymns at Holy Communion. Please join in:298 444.

Hymn at Ablutions:294 Post Communion Prayer

Angelus (in front of Hymn Book) Notices Blessing

Recessional Hymn: 388