This week: Divine Office - Psalter week 4

- Mon: 9:30 Mass (II Sam 15v.13-14,30, 16v.5-13; Mark 5v. 1-20) Int: Peace of the World..
- Tues: 10:30 Mass (II Sam 18v.9-10,14,24-25,30-19v.3; Mark 5v.1-20) Int: Stowmarket Food Bank.
 - 11.00-1.00 Teas, Coffee, Soup, Cake in Church..

Wed: St. John Bosco

9:30 Mass (Philippians 4v.4-9; Matt 18v.1-5) Int: Schools, Colleges, Universities.

Thurs: EVE OF CANDLEMASS

6:30pm Blessing of Candles, Procession & Sung Mass (Mal 3v.1-4; Luke 2v.22-40) Int. Mission of the Church. Refreshments after Mass.

Fri: PRESENTATION OF CHRIST IN THE TEMPLE (Candlemass) - Feast

9:30 Mass (Heb 2v.14-18; Luke 2v.22-40) Int: Care of the Elderly.

Sat: St. Blaise

- 10:00 1st Mass of Sunday. Int. Renewal of our lives Readings as tomorrow
- 4:00 Sacrament of Reconciliation

Next Sunday: SEXAGESIMA - 5th Sunday of Year B

9.30 Parish Mass & Address. (Job 7 v. 1-4, 6-7; 1 Cor 9 v. 16-19, 22-23; Mark 1 v. 29-39)
11:30 PCC Meeting in Church

NOTICES:

- 1. There are still a number of shrines that need to be endowed. List is on the table.
- 2. Please support the Eve of Candlemass (1st Feb). List on the table for shared refreshments.
- 3. The next healing service is Mon 5th Feb at 2:30pm.
- 4. PCC members please support our meeting next Sunday.
- Lent begins 14th Feb. We will be supporting with our diocese the diocese of Kagera. No Lent boxes are provided but suggestions will be on our bulletins as to how we can do this.
- 6. Please check the Church Electoral Roll. Revision concludes 11th Feb.

Thought for week:

"Deliver us, Lord, from every evil and grant us peace in our day. In your mercy keep us free from sin and protect us from all anxiety."

PARISH CHURCH OF ST. MARY THE VIRGIN, MENDLESHAM 4th Sunday of Year B

Theme: Jesus is the Holy One of God - the Lord of our lives. He speaks to us with authority. We ask that we should not harden our hearts but listen to Him as He speaks in this liturgy and throughout today.

Entrance Hymn: 472 v. 1-3

PENITENTIAL RITE.

- **Celebrant**: Forgive us Lord, for being preoccupied with ourselves and not searching for your will. Lord have mercy.
- People: (sing) KYRIE ELEISON (Ukrainian setting)
- **Celebrant**: Forgive us Lord, for our lack of trust and confidence in you, which we show in our anxieties and worries. Christ have mercy.

People: CHRISTE ELEISON

- **Celebrant**: Forgive us Lord, for hardening our hearts to your voice speaking to us in the circumstances of our lives. Lord have mercy.
- People: KYRIE ELEISON

CELEBRANT PROCLAIMS GOD'S FORGIVENESS

GLORIA - St Thomas Setting (on paper)

OPENING PRAYER: Let us pray for a greater love of God and of our fellow men. Lord our God, help us to love you with all our hearts and to love all men as you love them.

LITURGY OF THE WORD OF GOD:

1st Reading: Deuteronomy 18 v 15-20. Moses tells the people how God will continue to speak to them through the prophets. Whoever ignores the word of the prophet is ignoring the word of the Lord.

Moses said to the people: 'The Lord your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die."

RESPONSORIAL PSALM: Psalm 94

® O that to-day you would listen to his voice, harden not your hearts.

Come ring out our joy to the Lord; hail the rock who saves us. Let us come before him giving thanks, with songs let us hail the Lord. ®

Come in; let us kneel and bend low; let us kneel before the God who made us. For he is our God and we the people who belong to his pasture, the flock that is led by his hand. $\$

O that today you would listen to his voice. Harden not your hearts as at Meribah, as on that day at Massah in the desert when your fathers put me to the test; when they tried me, though they saw my work. ®

2nd Reading: 1 Corinthians 7 v 32-39. Writing in the belief that the world is going to end soon, Paul asks the whole community, married and celibate, to give their undivided attention to the Lord.

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

Gospel Hymn: 472 v.4

Acclamation: Alleluia! Alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!

Gospel: Mark 1 v 21-28. Mark begins his story of the ministry of Jesus, emphasising the authority and power of Jesus' teaching. When Jesus teaches, something happens.

Jesus and his disciples went as far as Capernaum, and as soon as the sabbath came he went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit and it

shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said, 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

ADDRESS CREED: Apostles Creed (pg 8 of hymn book)

PRAYER OF THE FAITHFUL:

Celebrant: We have listened to the word of God, Christ has spoken to us with authority through the Church. We approach our Father with hope and trust.

Reader: Let us pray for those in authority in the Church. May they speak clearly and simply the message of Jesus Christ, our Lord.

Let us pray for the Church: that it may discover a real spirit of prayer.

Let us pray that we may all be receptive to God's calling and be prepared to relinquish personal ambitions and plans in submitting our lives in service of him and of our neighbour, especially those called to serve as deacons, priests and bishops.

Let us pray for James and Eleanor, whose Banns are called today. May they always walk in the light of true love.

Let us pray for ourselves; that the Lord will make us ready to listen to his voice in the quietness of our hearts and ready to listen to others who need our sympathy and friendship.

Let us pray for all those facing difficulties in marriage; that the Lord will renew their Spirit with fresh awakenings of love, joy, trust and forgiveness.

Let us pray for all suffering poor mental health, those oppressed by anxiety and depression and those who are prisoners of their own minds. May the Lord free them in his love.

Let us pray for the healing of all the sick, especially Jim Wilson, Mike Galloway, Julie & Andrew Gray, Jan Ross, Angie Wilson, Jessica Mercer, Ralph Lambert and all prayed for at shrine prayers. We also give thanks for the great improvement in health of Jean Martin and Taylor Birch.

We pray for forgiveness and reconciliation for all who have died in the peace of Christ and all the dead whose faith is known to God alone. We pray for Ray Mayes, recently departed (*Pause while a candle is lit*) and whose anniversaries of death fall at this time: Kenneth Smith, Susan Thurgar, Beryl Allen, Bridget Anthony-Chadwick, Lesley Nickless, Margaret Wright, James Burke, Phyllis Syrett, Mary Jacobs, Esme Perry, Zachary Monksfield and Margot Fletcher.

Mary responded to God with trust throughout her life. In the same spirit we ask her to pray for and with us - Hail Mary Hail Mary full of grace, the Lord is with thee, blessed art thou among woman and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

SILENCE

All: Almighty God, we thank you for listening to our prayers. Show us when to speak and when to hold our peace; that we may glorify you in speech and in silence, through Christ our Lord. Amen.

Mass continues on page 8 of hymn book

Offertory Hymn: 7 v.1 Offertory Prayers Hymn 7 v. 2-4

SANCTUS & MYSTERY OF FAITH: St Thomas Setting

After Eucharistic Prayer: Blessed & Praised be Jesus Christ, in the most Holy Sacrament. Hosannah! Hosannah! Hosannah in excelsis!

AGNUS DEI: St Thomas Setting.

Communicants of other denominations are welcome to receive Holy Communion. If you are not a Communicant and/or would like a blessing, please carry a hymn book to the altar rail.

Hymn at Holy Communion please join in. 231 & 297

Hymn at Ablutions: 165

POST COMMUNION PRAYERANGELUSNoticesBLESSINGRecessional Hymn: 104104