Tea and coffee in church, please stay if you can. PCC meeting & lunch in Church - 11.30am appx.

This week: Divine Office – Psalter Week 2

- MON: 9.30am Requiem Mass July Anniversaries (Is 35 v 3-6, 10; Matt 7 v 24-27)
- TUE: St. Benedict Patron of Europe (feast) 9.30am Mass (Proverbs 2 v 1-9; Matt 19 v 27-29) 10.30 - 12.30 Teas & Coffee Cake etc in church
- WED: 8.00 Mass Int: Additional Curates Soc (Gen 41 v 55-57, 42 v 5-7,17-24; Matt 10 v 1-7)

THUR: St. Henry

9.30am Mass Int: King & Government (Gen 44 v18-21,23-29, 45 v1-5; Matt 10 v7-15)

FRI: St. Camillus of Lellis 9.30 Mass Int: The sick (Gen 46 v1-7,28-30; Matt 10 v 16-23)

SAT: St. Bonaventure

10.00 First Mass of Sunday Int: Ministry of Healing Readings as Sunday 4.00pm Sacrament of Reconciliation

Next Sun: 15th of YEAR A: 9.30: Parish Mass.

Is. 55 v 10-11; Romans 8 v 18-23; Matt 13 v 1-23 2.30pm Tour of Norfolk Churches - Shouldham Thorpe; Shouldham; Wormegay; Pentney..

NOTICES:

- 1. The next Healing Service is Tuesday 18th July at 2.30pm
- 2. Strawberry Teas, Music, Beer, Hot Dogs, In South Churchyard on Saturday 29th July at 2.30pm
- 3. 26th July: Guild of All Souls Annual Mass at West Tofts 6.00pm Bishop Norman presides. Preacher Fr Harri Williams, Vicar of Walsingham.

ST MARY THE VIRGIN MENDLESHAM 14th Sunday of Year (A)

<u>THEME</u>. Christ wants us to be childlike in our trust and to take up our burden, knowing that he is there to help us carry it. One of the burdens the Lord relieves us of is the burden of sin.

Entrance Hymn: 432 v 1-3

PENITENTIAL RITE

 Celebrant:
 Forgive us, Lord, for not recognising you as one who is kind and full of compassion. Lord have mercy.

 People:
 (sing) Kyrie Eleison (Ukrainian setting)

 Celebrant:
 Forgive us, Lord, for not coming to you as the one who is gentle and humble in heart. Christ have mercy.

 People:
 Christe Eleison

 Celebrant:
 Forgive us, Lord, when we have been unkind in word and action. Lord have mercy.

 People:
 Kyrie Eleison

 Celebrant:
 Forgive us, Lord, when we have been unkind in word and action. Lord have mercy.

 People:
 Kyrie Eleison

 Celebrant:
 Forgive us, Lord, on sheet

 OPENING PRAYER - Let us pray for forgiveness through the grace of Josus

OPENING PRAYER - *Let us pray for forgiveness through the grace of Jesus Christ.* Father, through the obedience of Jesus, your servant and your son, you raised a fallen world. Free us from sin and bring us the joy that lasts for ever. Amen.

LITURGY OF THE WORD OF GOD

First Reading – Zechariah 9 v 9-10 The Israelites are promised that God's victory will come to them, but not through warfare and might.

'Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.'

Responsorial Psalm - Ps 144 ® I will bless your name for ever, O God my King.

I will give you glory O God my King, I will bless your name for ever. I will bless you day after day and praise your name for ever. ®

The Lord is kind and full of compassion, slow to anger, abounding in love. How good is the Lord to all, compassionate to all his creatures. ${\rm I\!R}$

All your creatures shall thank you, O Lord, and your friends shall repeat your blessing. They shall speak of the glory of your reign and declare your might, O God.®

The Lord is faithful in all his words and loving in all his deeds. The Lord supports all who fall and raises all who are bowed down. ® **Second Reading - Romans 8 v 9, 11-13** St Paul tells us all that the spirit of God gives life to the whole man, body and soul. The spirit should influence our lives completely.

'Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.'

Gospel Hymn: 432 v 4 & 5

Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!

Gospel - Matthew 11 v 25-30 Christ calls all those who labour and are overburdened to himself, and promises them rest.

'Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light."

CREED: Nicene Creed Pg 7 of hymn book PRAYER OF THE FAITHFUL

<u>Celebrant:</u> The Father makes known the secrets of His Kingdom to those who are gentle and lowly in heart. Let us pray that all God's people may welcome with humility the good news of the Kingdom.

<u>Reader:</u> Let us pray that God's people may learn to seek the Kingdom proclaimed by God's Son, allow the spirit of God to influence all that we do and say and cultivate the virtues of gentleness and humility.

We pray that the church may learn to read the signs of the times and work for a more just and peaceful world, with faith and perseverance to carry on this work from day to day.

Let us pray for the leaders of our nations; that they will give their peoples reason to rejoice by proclaiming peace and abandoning the instruments of war. We continue to pray for peace in Ukraine and Israel

Let us pray for James and Nikita, married yesterday, that they may continue to

walk in the light of Christ throughout their married lives.

Let us pray Mandy and Joe, Confirmed on Thursday, that the reception of the Sacrament of Confirmation may strengthen them in their Christian faith and renew them in their Baptismal commitment.

We pray for the increase of vocations to lay and priestly ministry. May more young people respond to the Lord's calling to follow him.

Let pray for all who are distressed by troubles and anxieties: that they may find peace of mind.

We pray for all who are sick and all who are housebound and Jimmy Juby, Angie Wilson, Kim Wilson, Julie & Andrew Gray, Ferdi Vincent, and for all prayed for in shrine prayers.

We pray for those who have died in Christ; may they find in Him rest for their souls – for Fr Timothy van Carrapiett, Milly Driver, Charles Cutting, Teresa Horwill, Ethel Williams, Ruby Robinson, Dorothy Euston, William Wood, Colwyn Studden, Laura Baker, Ernest Barker, Reginald Hutchinson, Christina Clarke, Hilda Baker, Richard Jones, Jan Price, Evelyn Hundleby and Marian Riley, whose anniversaries of death occur this week.

May Mary, the lowly handmaid of the Lord, join her prayers to ours - Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen

SILENCE

All: Father, Lord of heaven and earth, you have revealed your truth to mere children and hidden it from the learned. Keep us humble in heart that we may always hear you when you call and praise you day after day. We ask this through Christ our Lord. Amen

Mass continues on pg 9 of hymn book.

Offertory Hymn: 218 v 1-3 Offertory Prayers (P9) Hymn 218 v 4-end

Sanctus- St Thomas setting Mystery of Faith -St Thomas setting

After Eucharistic Prayer ~ Blessed and praised be Jesus Christ, in the most Holy Sacrament, Hosanna, hosanna, hosanna in excelsis.

Lords Prayer (etc, P11)

Agnus Dei - St Thomas setting

Communicants of other Christian denominations are welcome to receive Holy Communion. If, instead, you would like a blessing, please come to the altar holding a hymn book

Hymns at Holy Communion. Please join in - 460, 508

Hymn during Ablutions: 187

Post Communion Prayer		Angelus (front of hymn book)
Notices	Blessing	Recessional Hymn: 398